



Happy Diapered Sissy Hypno Script

by Champ (champtehotter.com)

You are cordially invited to a very special tea party...

What does this file do to you? Who cares! It doesn't matter what you liked yesterday because today, you're just a happy little girl. You enjoy cute pink and frilly things, tea parties, and playing dress-up. You're a happy girl. Just a happy little girl...

*You probably have no idea that this file is cursed to make you a permanent **sissy**. Don't worry, pretty **princess**. By the time you're done listening, you won't consider it a curse at all, but rather a blessing... just be a good girl and follow along... 😊 ✨*



Intro:

Hello there, welcome back... you're listening to another erotic hypno file by champ... This file is for adults only. If you are not 18 or older, please stop the file and go elsewhere.

This file is for all the good little girls out there. If you're listening to this file, then that means you're a good little girl too, whether you know it or not. So set down your blankie, set up your tea set, and get ready to relax in a nice deep trance...

Before we begin, please make sure you are in a safe place, where you can relax and listen to my words uninterrupted. A reclining position is best where you cannot roll or fall over. Once you are situated, turn off any cell phones, lights, or anything else that may distract you as you listen to my words.

*Alternatively, you can set up any fun toys or activities you like to enjoy while in **sissy** space... and you can enjoy those activities as you allow my words to draw you into the perfect subby **sissy** zone out space you know and love...*





*Finally, if you have any **sissy** gear, padding, clothing, or accessory, you can wear it to enhance your **sissy** experience as you listen to my words. You can also have plenty of tea nearby to drink as you listen, but make sure it's not too hot. If you need to, you can ask a grown-up to help you.*

If you need time to prepare yourself to listen to my words, please pause the tape and do so now. I'll be here when you return. Are you ready to be hypnotized? Good.



Tea Party Induction:

*And now, I would like you to imagine... you are in a nice fun place... a place where you can enjoy your **sissy** playtime... yes... imagine yourself there now... and as you look around... you can see... that your space is perfectly set up... for a tea party.... 'Yes, that's right, your **sissy** space is all set up for a fun little tea party... isn't that exciting? 'Yes, it is...*

*And you can look around and see all the little details of that tea party... you can see the tea cups... counting them off... counting down... 10... 9... 8... 7... 6... 5... 4... 3... 2... 1... 0 dropping deeper into trance... deeper into that soft and submissive **sissy** space...*

*And you can see all your little guests... your plushie guests... and any other **sissies** you'd like to be there... counting off your little guests... 10... 9... 8... 7... 6... 5... 4... 3... 2... 1... 0 dropping deeper into trance... deeper into that soft and submissive **sissy** space...*

*And you can imagine each soft color that is around you... bringing you deeper into **sissy** space... the color of the tea tray... the teacups... the plushies, and their outfits... and the soft pretty colors of whatever you are wearing... counting down with all those pretty colors now... 10... 9... 8... 7... 6... 5... 4... 3... 2... 1... 0 dropping deeper into trance... deeper into that soft and submissive **sissy** space...*

And you can focus particularly closely on your clothes... each article of clothing... each accessory... each color on the clothing and accessories... and especially, the way they





feel... but most especially... you can focus on that diaper you are wearing... [crinkle crinkle sfx] yes, that nice, thick diaper... and the soft pretty colors it has... yes... you can notice how good it feels to be in a diaper... how submissive and small they make you feel... notice every crinkle sending you deeper into *sissy* space... deeper into trance... counting down those crinkles now... 10... 9... 8... 7... 6... 5... 4... 3... 2... 1... 0 dropping deeper into trance... deeper into that soft and submissive *sissy* space...

And now that the tea has cooled off a bit, you can sip your tea... and you know that each sip from the special teacup sends you deeper into trance... deeper into those sweet little girl feelings... counting down those sips as you follow them into *sissy* space... 10... 9... 8... 7... 6... 5... 4... 3... 2... 1... 0 dropping deeper into trance... deeper into that soft and submissive *sissy* space...

Deeper and deeper into a headspace where you can be more girly and delicate... and as you look around at all your guests... you can notice... that one of your plushie guests in particular has such beautiful eyes... such beautiful, swirly, mesmerizing eyes... you could get lost in those eyes... lost in *sissy* space.. And as you look into your plushie guests' eyes, you can begin to feel yourself drifting down into trance [Drifting down, down, down]. Falling deeper and deeper into trance as you listen to my words... 10... 9... 8... 7... 6... 5... 4... 3... 2... 1... 0 dropping deeper into trance... deeper into that soft and submissive *sissy* space... [Deeper into trance... deeper into *sissy* space... deeper into the endless spiral of complete and total commitment to fulfilling your *sissy* desires]

Until you finally become a complete and total... diapered *sissy*...



Body:

Hello, little missy. Welcome back. Here you are, and you know why you are here, don't you? Yes... you are here because you're a good little *sissy* who loves to listen and follow along... follow along into a nice, happy, good girl trance... [Good girl... good girl! You're a very good girl...]





Even if you didn't think you were a pretty little *princess*... even if you didn't think about it before... you'll soon realize the truth. That you're the *goodest* pretty little *princess*. Yes. And you love doing pretty little *princess* things... That's right, cupcake... By the time you're done listening to my words, you'll be proud to be a pretty little girl [*A pretty little diapered *sissy**].

Whatever you liked yesterday... whoever you thought you were... that no longer matters... [*It doesn't matter who you thought you were...*] because today, now, you know... you're just a happy little girl, aren't you? Yes, you're just a happy little girl. [*Now you know you are a good little girl...*] You enjoy cute pink and frilly things... [*Good girl...*] you enjoy tea parties, and playing dress-up... [*You're a good girl...*] You're a happy girl. Just a happy little girl... [*A happy little diapered *sissy*...*]

You probably have no idea that this file is cursed to make you a permanent *sissy*. Don't worry, pretty *princess*... [*Don't worry your pretty little head...*] By the time you're done listening, you won't consider it a curse at all, but rather a blessing... [*So glad you listened to my words like a good girl...*] just be a good girl and follow along... follow along into a nice, happy, good girl trance... [*Good girl... good girl! You're a very good girl...*]

Good little girls listen to my words and follow along... and you know you're a good little girl because you are listening and you are following along... And doesn't that feel good? Yes, it does...

A very special tea party...

There's another reason you can know you're a good girl... you can be sure that you're a good little girl, because you've been invited to a lovely tea party, that only the best little girls get invited to... And as you look around the room to get your bearings... you might notice... that you are at that good girl tea party now...

That's right... as you look around, you can notice every detail of the good girl tea party you are at... you can notice the pretty little cups... the pretty little teapot... and all the bestest little plushie guests that were able to attend... and you can look around and





notice other details as well... the tea tray... any extra comforts that may be there... like a pillow, or a blanket... any other details that you might see as well...

*And of course you can notice that you are perfectly dressed for your good girl tea party... you can imagine a pretty fairy godmother touching every part of you and transforming that part into the prettiest good girl outfit... giving you that lovely good girl energy that feels so nice and fuzzy... First, she touches your head... and you can notice the pretty tiara or bow on your head as pretty as can be... then, sparkly makeup on your cheeks which everyone can see... moving down to your pretty pretty little neck accessory... and your pretty little paci clip clipped to your collar and hanging free... and you can see the prettiest little arm warmers, or gloves delicate and soft... and your favorite leg warmers, or socks... or tights... to top it all off... And of course who could miss... your pretty little dress? Be a good girl and don't make a mess... but the prettiest of all, is your pretty pink padding, only the best... Yes, the thickest, pinkest, prettiest padding for the prettiest **princess**...*

*Oh, what a good, good little girl you are now dressed so fine. You're the belle of the ball, and you're completely ready to enjoy your **sissy** time...*

*And as you allow those happy feelings to take hold as you settle down for tea... you can take a sip... and another... Sipping tea and dropping deeper into **sissy** space... Very good... bye-bye Fairy Godmother! Thank you!*

Sissy thoughts...

*And you can think good **sissy** thoughts as you enjoy your tea party... [You are a **sissy**] You are a good **sissy**... full of good **sissy** thoughts... as you sip your tea... [**Sissies** are submissive... **Sissies** are girly... **Sissies** love pink... **Sissies** are soft and sweet... **Sissies** love their diapers... **Sissies** love to listen and follow along...]*

And the longer you spend at your special tea party... the more any masculine thoughts left in your pretty little head begin to break down... and dissolve... like a lump of sugar in your tea... or a wet tea biscuit... dissolving and draining out... right into your diaper... [Get rid of any masculine thoughts... flush them right into your diaper...]





Football games and sports... those aren't for little girls... you'd rather play dress-up, or house... [Good girl... there's a good girl...]

Horseplay and being tough... is not your cup of tea... you'd much rather hug or cuddle something soft... [You're much too soft and delicate for that... Such a cuddly cutie]

As for Naughty thoughts - you don't have naughty thoughts. [Naughty thoughts? What are those?] All your thoughts are good girl thoughts. You would rather just enjoy your diapers and fuzzy happy little girl feels as you soak them like the good girl you are... [Get rid of any masculine thoughts... flush them right into your diaper...]

*Feeling dominant... is not your style... [not for a **sissy** like you] you feel soft and subby... little and girly... like the good little girl you are... [you're a soft and subby **sissy**...]*

*The opposite of a **sissy** is masculinity. [You are a **sissy**, you are soft and sweet...] And your diaper is there to remind you what a soft, sweet little **sissy** you really are... The more you wet it... the more you flush out any remaining masculine thoughts... right into your diaper... [Get rid of any masculine thoughts... flush them right into your diaper...]*

And as you sip your tea and wet your diapers... you can think of this little tune... and sing... or hum along...

*[In the tune of "I'm a Little Teapot"] "I'm a little **sissy**, soft and sweet. Here is my diaper, pink and neat. When I get all happy I soak my seat. If I soak it good, I'll get a treat!" Once again! [repeat x 2]*

Yay! [Clapping] Very good...

*And you can keep singing, or humming along... sipping your tea and dropping deeper into **sissy** space...*

Looking like a good girl...

You're doing such a good job being a good girl at your tea party... and it feels so good to be a good girl, and know that you are being a good girl... I'll bet you'd like to feel that





way more often, wouldn't you? Maybe you'd like to feel that way all the time... [I'd like to feel this way all the time]

*Wouldn't it be a great idea... if you started wearing more pink? If you started... dressing... and acting more like the good little **sissy** you are? [I'm so excited to live my new **sissy** life]*

There are so many pretty outfits to try when you play dress-up... and you want to try them all... fabulous frills... dainty dresses... wonderful arm and leg warmers... beautiful bows and terrific tiaras... there are cute collars... pretty paci clips... magical make-up... Not to mention the prettiest, puffiest pink diapers!

*From bunny hops to the pure pink ones, only the prettiest pink padding for the **princess** will do! And you want to wear them more and more... [I want to wear my **princess padding** all the time] I mean pink is your favorite color now, after all isn't it, cupcake? It goes without saying that you deserve to be in pretty pink padding as well! [You deserve to be a pretty **padded princess**... You deserve... to be in pretty pink padding...]*

*I'll bet you've put on plenty of pretty pink padding, haven't you? Even if you haven't, I'll bet you know where to get it, don't you? You'll certainly find out soon as you obsessively search for them online. You just can't help it, because you love being the prettiest little girl you can be. That's right, little missy! That's just what you like! And doesn't it feel so nice and fuzzy to be the adorable little **princess** you love to be? Yes, it does... Such a good **princess**... Sipping tea and dropping deeper into **sissy** space... deeper and deeper... nice deep sleep... very good.*

Behaving like a good girl...

It's just about time to check everyone's cups. Are they all filled up? Go ahead and fill them now, as we sing or hum this special song...

*[In the tune of "I'm a Little Teapot"] "I'm a little **sissy**, soft and sweet. Here is my diaper, pink and neat. When I get all happy I soak my seat. If I soak it good, I'll get a treat!" Once again! [repeat x 2]*





Oh, very good. Well done, little one. You are a perfectly behaved little **sissy princess**, aren't you? And you can easily pick up new **sissy** habits and behaviors that you see all your good **sissy** sisters doing.

Yes, you can! Yes, you can easily pick up new **sissy** habits and behaviors that you see. **Sissy** pictures can draw you into **sissy** space. That's right, just seeing **sissy** pictures can inspire you to try out what you see. You know it's true, because it's probably already happened to you. Maybe you've tried out some **sissy** clothes you saw in a picture, or bought some **sissy** items that you saw another **sissy** using... [I like to copy other **sissies** I see... I love to try new **sissy** things...] Maybe you were even inspired to try those cute pink diapers you've seen other **sissies** wearing. [It's time to relax and soak my **sissy** diapers...][It's time to be a happy diapered **sissy**...]

Sissy pictures compel you to try out whatever you see in the picture. It might start with buying some arm warmers, or a pretty flower crown... then next thing you know, you have a frilly dress and bows in your hair [When did I become such a pretty little **princess**?] And of course, you find yourself wearing the biggest pinkest diapers you can get a hold of more and more often. [Good girl... good girl! You're a very good girl...]

Pretty soon, you find... that it's easier and easier to trigger your **sissy** thoughts and desires. [Easier and easier to let your **sissy** nature take hold]. And you can be more girly and delicate when you listen to your **sissy** hypno like the good little girl you are... [Listen and follow along... Listen again and again] Sipping tea and dropping deeper into **sissy** space... deeper and deeper... very good!

Using your diapers like a good girl...

And as you continue to sip your tea... you might become aware... of a growing need... to wet your diapers... as all that tea makes you wet more and more... That's okay, because **sissies** like you wear the thickest most absorbent **princess padding** you can.

You want to be the best little girl you can be, staying padded, protected so you don't have any messy spills spoiling your tea party. And you don't need to worry your pretty little head about your little lady accidents because your diapers take care of all your little spills.





Pretty soon, soaking your diapers becomes second nature, and you barely even have to think about it, except to enjoy the pleasure of letting go... [Get rid of any masculine thoughts... flush them right into your diaper...]

*Letting go whenever you feel the need, and especially soaking while sipping tea and dropping deeper into **sissy** space... deeper and deeper... as you listen and follow along...*

Listening again like a good girl...

*And you can have as many tea parties as you like... and listen as often as you like... until being a good little girl and having special **sissy** tea parties becomes a regular habit... [I love my **sissy** tea parties...]*

*And you find yourself listening to this file again and again, finding it more and more effective each time, as you sink into that wonderful **sissy** headspace. And you find yourself seeking out more **sissy** hypno, picking up even more **sissy** habits and suggestions that help you to become the best little girl you can be. Sipping tea and dropping deeper into **sissy** space. Deeper and deeper. Very good.*

***Sissy** trance trigger...*

In a moment I'm going to count to three... and when I reach three, you can regain just enough awareness to listen to my words... and learn... a fun new trigger... Coming up just a little bit on the count of three, One... Two... Three... relaxing in trance... ready to learn this fun new trigger... are you ready to learn what it is? ...Good girl...

*From now on, whenever you hear the words 'It's time to be a happy diapered **sissy**', you can enter a nice deep **sissy** trance, just like you are in now, and allow your **sissy** side to take hold. Yes, whenever you hear the words, 'It's time to be a happy diapered **sissy**' you can allow your **sissy** side to take over as you enter into a nice deep **sissy** trance. Once again, whenever you hear the words 'It's time to be a happy diapered **sissy**' you can allow yourself to be the good little girl you know you are as your **sissy** side takes over.*

Nod if you understand, sweet pea... Good. Now, in a moment, we'll return you to a deeper trance, counting down from three going deep into trance when I reach zero, as





deep or deeper than before into that wonderful **sissy** trance you know so well. And while you are in trance, we can test out this fun new trigger to see how well it works. Let's try it now, counting down now from three... two... one... zero, dropping down into trance... deep sleep... nice deep sleep... Very good... you're so good at being hypnotized... and so good at knowing when **'It's time to be a happy diapered sissy'** [is it time to be a happy diapered sissy? Yes, it is. It's time to be a happy diapered sissy].

Hypno curse for good girls...

And if you keep listening, you might just end up hypnotically cursed [It's already happening]. Yes, you might just end up stuck as a diapered baby girl forever [I'm a good little girl forever and always...]. Don't worry, pretty **princess**. By the time you're done listening, you won't consider it a curse at all, but rather a blessing... That's right, little missy! You're happy to be a permanent **sissy** [That's just what you like!]. And doesn't it feel so nice and fuzzy to be the adorable little **princess** you love to be? Yes, it does...

Whether or not you show the world what a good little girl you are every moment of the day, you feel that way inside... Your **sissy** thoughts and desires can be hard to forget, but oh so easy to remember. Harder and harder to hide... easier and easier to display...

Yes, as your **sissy** curse takes hold, your **sissy** side becomes easier and easier to trigger... Even seeing pretty, girly stuff in general can make you feel like it's time to be a good little girl... and copy what you see... [It's time to be a good little girl...][It's time to be a happy diapered **sissy**...] if you see pink padding or arm warmers... if you see **sissy** pictures... if you see anything that reminds you of what a good girl you like to be... you'll remember that it's time to be a happy diapered **sissy** [It's time to be a happy diapered **sissy**]. And you might suddenly find yourself compelled to wear those **sissy** things and behave like the good girl you are... [I just have to get more cute pretty diapers and **sissy** gear...] You might just suddenly find yourself sinking into **sissy** space... and it's a downward spiral until you are in trance again! [I can't help it, because I'm such a good little girl...]





*Yes, you are a happy diapered **sis**sy. Stuck that way for good now. That's right, little missy! That's just what you like! And doesn't it feel so nice and fuzzy to be the adorable little **prince**ss you love to be? Yes, it does...*



End:

*And now, it's time for me to go... and allow you to rest, or go about your day. And if you would like to listen again, that's okay. You can return again and again and listen as many times as you like until you have become the best little **prince**ss you can be.*

On the count of five, you will awaken from your nice relaxing trance feeling alert and refreshed.

One...beginning to regain your normal awareness...

Two... becoming more aware of your body, lying in a relaxed position...

Three ...becoming more aware of your breathing, and where you are....

Four... feeling so, so good as you finally come back on...

Five. All the way back, refreshed, and alert remembering how it felt to be a good little girl.

*I hope you enjoyed your time with me today. I know I did. And I hope you return to visit again the next time it's time to be a happy diapered **sis**sy. Goodbye now!*

Sincerely,

~<3 Champ





Mantras:

you're just a happy little girl. You enjoy cute pink and frilly things, tea parties, and playing dress-up. You're a happy girl. Just a happy little girl...

- *Each sip from the special teacup sends me deeper into trance*
- *I'm a **sissy**... I'm soft and sweet...*
- *I don't like football, I like playing dress-up*
- *I don't like Horseplay, I like to hug and cuddle*
- *I don't need naughty times, I just need to enjoy my diapers, and my fuzzy happy little girl feels*
- *I'm not tough, I'm much too soft and delicate for that*
- *I don't feel dominant, I feel soft and subby; I'm a soft and subby **sissy***
- *The opposite of a **sissy** is masculinity*
- *I'm a little **sissy**, I'm soft and sweet*
- *I'm so cute... so girly and delicate...*
- *Get rid of masculine thoughts... flush my masculinity right into my diaper...*
- *I want to wear more pink...*
- *I love to dress and act like a **sissy***
- *I love being the prettiest little girl I can be, I can't help it!*
- *It feels so nice and fuzzy to be the adorable little **princess** I love to be!*
- *It's time to relax and soak my **sissy** diapers...*
- ***Sissy** pictures can draw me into **sissy** space*
- ***Sissy** pictures compel me to act on me **sissy** desires*
- ***Sissy** pictures give me new desires that I just have to fulfill*
- *I can be more girly and delicate when I listen to my **sissy** hypno*
- *I want to wear the biggest pinkest diapers I can get a hold of*
- *The more **sissy** stuff I see, the more **sissy** I want to be*
- *Seeing **sissy** stuff sends me into a **sissy** spiral... seeing **sissy** stuff, helps me into my **sissy** trance*
- *Good **sissies** wear protection; good **sissies** wear diapers*
- *Drinking tea makes me have to pee*





- *Padding helps protect me from spills*
- *I love to wear my **princess padding**... I'm a **padded princess***
- *It's time to be a good little girl*
- *I just have to get more cute pretty diapers and **sissy** gear... you can't help it, because I'm such a good little girl...*
- *It's time to be a happy diapered **sissy***
- *I'm a good little girl*
- *I love to follow **sissy** suggestions;*
- *I love to listen and follow along;*
- *I'm stuck as a **sissy** forever; I love being stuck this way*

